



CME Sponsor: American Medical Seminars, Inc.

Activity Title: **Dermatology: Primary Care Strategies for Common Challenges in Adults**

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PURPOSE

The purpose of the American Medical Seminars, Inc. CME Program is to develop and deliver clinically relevant, evidence-based CME activities in an effort to align physician behavior with current clinical guidelines and the evidence to improve their competence and the care they provide their patients.

OVERALL OBJECTIVES

Upon completion of this CME activity, through the use of clinical vignettes emphasizing Guidelines and Evidence-Based Medicine, the physician or healthcare provider should be able to formulate a differential, make a diagnosis and develop a plan for the prevention and/or therapeutic management of the various disorders presented.

SPECIFIC OBJECTIVES FOR EACH TOPIC:

TOPIC 1: Select Principles of Dermatology Therapy

Upon completion of this session, the participant should be able to:

1. Differentiate topical steroids by strength and vehicle.
2. Develop treatment algorithms that are safe and effective using topical steroids.
3. Relate common side effects from use of topical steroids.
4. Formulate a strategy to perform a shave biopsy versus a punch biopsy through a case based approach.

TOPIC 2: Malignant Melanomas: Nevi and Dysplastic Nevi

Upon completion of this session, the participant should be able to:

1. Appraise "dysplastic nevi" and describe the relationship between dysplastic nevi and melanomas.
2. Develop an approach to examination and follow up of families with dysplastic nevi and melanomas.
3. Recommend to patients the methods of photoprotection and the relationship of the sun to melanomas.

TOPIC 3: Acne: Pathophysiology and Treatment

Upon completion of this session, the participant should be able to:

1. Characterize types of acne lesions and appropriate therapy based on pathophysiology.
2. Differentiate acneiform eruptions from acne vulgaris.

TOPIC 4: Pathophysiology and Treatment of Diabetic Ischemic and Neuropathic Foot Ulcers

Upon completion of this session, the participant should be able to:

1. Distinguish between ischemic and neuropathic etiologies of diabetic foot ulcers.
2. Treat neuropathic ulcers successfully with debridement and weight off loading.
3. Recommend selected footwear in the patient with neuropathy.

TOPIC 5: Common Tumors in the Office Setting, Part 1: Warts, Common Neoplasms of the Head and Neck

Upon completion of this session, the participant should be able to:

1. Recognize the multiple cutaneous manifestations of warts and develop a stepwise treatment approach based on literature review.
2. Identify common cutaneous tumors occurring on the face and scalp, both benign and malignant.
3. Devise a treatment plan for common tumors, which may include observation, biopsy, removal, and referral.

TOPIC 6: Common Tumors in the Office Setting, Part 2: Keratoses, Cysts, Granuloma Annulare, Lymphoma and Vascular Tumors

Upon completion of this session, the participant should be able to:

1. Develop an approach to common dermal tumors, including indications for biopsy.
2. Recognize cutaneous lymphoma and develop an understanding of common vascular tumors.

TOPIC 7: Clinical Pearls in Dermatology

Upon completion of this session, the participant should be able to:

1. Apply diagnostic and treatment pearls for varied cutaneous disorders encountered in the office.
2. Apply a simple diagnostic maneuver to diagnose basal cell skin cancer.
3. Utilize a dermatologist to effectively manage your patients who have pigmented lesion biopsies.